

Temple Beth O'r/Beth Torah

BETH REPORTER

TISHRI-CHESHVAN 5777

NOVEMBER 2016



Northern New Jersey Region of FJMC presents:
2016 Man of the Year Dinner

Wednesday, November 9, 2016

TBOBT Men's Club Honors
Theodore Moreines

Theo is a 20+ year member, past Co-Vice President and Corresponding Secretary for several terms. He continues to serve as a trustee. He is the go-to person when the Temple or Club needs a job done. When the Sukkah was destroyed by Hurricane Sandy, he was in charge of designing, obtaining and directing the construction of the replacement. He directs the construction and storage of the Sukkah every year.

Marlboro Jewish Center (Ohev Shalom)
103 School Road West, Marlboro, NJ

Expanded Cocktail Reception	6:00 PM
Ma'ariv, D'var Torah, Awards	7:30 PM
Dessert	8:45 PM

Cost: \$54 per person

Reservations to Jay Schlesinger, stnj@aol.com
Checks made payable to: TBOBT MC and mail to Temple office

Ads accepted for TBOBT Man of the Year Honoree Program Journal:
Contact Mike W. Miller at mwmillerchem_102@aol.com or 908 233-9624

From the Cantor



I'm sitting at my desk at this moment and trying to decide whether for this BETH RepORter article I should write something about the upcoming holiday of Thanksgiving, or something about the

upcoming day of decision – the election, that is.

This should be an easy choice. After all, the subject of the holiday is uplifting, and it contains a message of gratitude that we should never tire of hearing. It's about food and family and appreciation for all our many blessings.

The election, on the other hand, is causing many of us quite a bit of stress. I saw the other day that in just one online publication there were at least three articles on this subject in the month of October alone:

[6 Ways To Keep Your Sanity Until Election Day](#)

[Older Voters Are Suffering The Greatest Election Stress. Here's Why.](#)

[This Election Is So Stressful, Psychologists Decided To Measure It](#)

This last article cites research showing that exposure to negative news can have a detrimental effect on our mental health. And have we been bombarded with negative news!

“Election stress becomes exacerbated by arguments, stories, images and video... that can heighten concern and frustration,” claims one researcher.

Thankfully, the article offers some remedies:

1. Disconnect from the media when you can. “Take a break from Facebook, from your TV, from your apps,” is the professional advice. “Unplugging is super important.”
2. Educate yourself on the candidates. “The best armor against a deluge of stories and false information is knowledge.”
3. Put everything into perspective. “There have been contentious elections before, and we got thorough them and we will this time, too. Perspective is important when it comes to stress.”
4. Go out and vote. “Take control of your stress... by heading to the polls come election day.” Taking a pro-active step of participating will give us a feeling of control and relieve some of the stress.

And finally, the advice I most concur with:

5. Remind yourself of the good. That is to say, focus a little more on November 24th rather than November 8th. In other words, think about all the things we have to be grateful for. We may be unhappy with this or that candidate, or perhaps all of them, but we should be grateful that our system of government gives us the privilege of choosing among them.

And then let us remember to offer our prayers, as we do at services each Shabbat, that G-d will bless our country, its leaders and advisors with wisdom, “that they may administer all affairs of state fairly, that peace and security, happiness and prosperity, justice and freedom may forever abide in our midst....”

And then let us all say, Amen.

Cantor Steven Stern

From The Co-Presidents

We can all agree that TBOBT's High Holiday Services, from Rosh Hashanah through Simchat Torah, were beautiful and inspiring. In the months that led up to the Holidays we were reminded, once again, about the large number of people and the many, many helping hands that are needed to make it all come to fruition. Yasher Koach to those volunteers who, when called upon, answered, "Here I am."

In fact, none of the wonderful programs and activities that we enjoy throughout the year would be possible without our single most important resource: our volunteers. Our volunteers are the backbone, and greatest strength of this community. We rely on our volunteers and committees in order to function. We thank them and admire them for their dedication and readiness to give so freely of their time, energy and talents. We implore those of you who have not yet volunteered to please do so. We need you. The Pirkei Avot, The Sayings of our Fathers, tells us "According to the labor is the reward." The work you do on behalf of TBOBT will be fun and very rewarding.

Education Report

Near the beginning of the school year we welcomed two new students in our K'ton class as well as welcoming the children and their parents to our Temple community.

Our October classes resumed on October 16th after a hiatus for the Rosh Hashana holiday and celebration of Columbus Day. In addition to their regular curriculum, the students enjoyed making decorations for our Temple Sukkah.

In the next week our students and their families joined together in the Sukkah to learn more about the holiday and enjoy the experience of tasting the fruits of the season.

We've had a very good opening of the 2016-2017 school year!!!

Thelma, Genie, Elaine and Cantor

Underlying everything our Temple Beth O'r Beth Torah family does is a common set of values and beliefs, a belief that Jewish continuity matters and that transmitting Judaism to the next generation is important. We believe that taking care of each other is essential and that we can help change the world and make it a better place. Like family, we're here to help each other celebrate happy times and life cycle events, a new baby, a Bar or Bat Mitzvah, a graduation, a wedding. We're also here to help and support each other in times of sorrow or tragedy. Above all, when you need us, we answer, Here I am."

May you enjoy a sweet, happy and healthy new year. L' Shanah Tovah.

Lillian and Janice



Join us for a day of fun at the
Sands Casino
Bethlehem, PA

**Monday,
December 26, 2016**

A bus will leave from the Shul parking lot at 10:00 am and return 5:30 - 6 pm.

Cost is only \$35.00 and includes roundtrip bus transportation, \$20.00 in slot play and a \$5 food voucher.

We fill up quickly, so make your reservation today.

Any questions, please call Howard Silverman at 732-499-0439.



Temple Beth O'r Beth Torah
111 Valley Road, Clark, NJ
732-381-8403, ext. 11

Sisterhood President's Message

Now that the High Holidays are over, Sisterhood is gearing up for some great activities. First, in a few weeks on Thursday, November 17th is our very popular annual Paid-Up Dinner Meeting at 6pm. You will be treated to a fashion show by Dress Barn of Clark, with the food catered by Clark Deli King. This is always a special fun night. The only cost is your dues of \$36, which if not already paid can be paid that night. Reserve your spot by calling Evie Shulman at 908-276-9072.



Then on Sunday, December 11th, we will have a joint program with Men's Club from 5-7:30 PM. A Chinese Dinner with desserts will be served and the movie "The Sturgeon Queens" will be shown. The cost is only \$12 per person. Guests are welcome. Call in your reservation to Bonni in the temple office.

The Gift shop will open that night for your Chanukah shopping!

Have a Happy Thanksgiving!!

Joleen

Goldenbooks

To Evelyn Schisler on the passing of George Schisler

From: Joleen & Bob Fridson
Barbara & Mitchell James

To Fern & Joe Cammy: Mazel Tov on the birth of their granddaughter Harper Vale Cammy

From: Joleen & Bob Fridson
Barbara & Mitchell James
Audrey & Howard Silverman
Janie & Jonathan Phillips
The Barr Family
Gloria Sern
Gitta Harel

To Fern & Joe Cammy: Mazel Tov on the engagement of Shawn to Sage Heyman

From: Joleen & Bob Fridson
Barbara & Mitchell James
Janie & Jonathan Phillips
The Barr Family
Gitta Harel

To Janice Hymanson in honor of her special birthday

From: Gitta Harel.

Golden Books

To send a Golden Book for any occasion, call:

Joan Oberman (732-381-4322)
Evie Shulman (908-276-6894)
Betty Needleman (908-389-0911)

Cards are sent for \$3.00 and you will receive \$1.50 donor credit, or pick up a pack of 10 cards for \$20.00 with \$15.00 donor credit and send them yourself. They can be picked up from the office.

Please send checks to:
Esther Schlesinger :
(9 Pine Ridge Dr., Edison, NJ 08820)
or call (732) 548-7132 for the amount owed.

Special Fund

Donations to Special Fund can be made for any occasion for a minimum donation of \$5.00. You will receive 100% donor credit.

To send a beautiful Special Fund card call:
Gene Berry (732-388-3453).



Remember to buy ShopRite Gift Cards
Contact Bonni at the Temple office:
732-381-8403, ext. 11

From The TBOBT Men's Club

October Activities:

On Sunday, October 16, Hebrew School students and parents assisted in installing decorations in Sukkah under the direction of Barbara James. Thank you to Chris Pandolfo, Jill Burkhard, Goldman family and Bloom family for the decorating work. Thank you to Michael Roth for donating the large panel showing Sukkot at the Temple in biblical Jerusalem.

The Men's Club & Sisterhood Pancake Breakfast in the Sukkah was successful and well attended. Thank you to chief cook Mike Goldstein and his helpers Jay and Esther Schlesinger.

Men's Club Game night was held at Q-Billiards on Rt. 22 in Scotch Plains on October 27th with ice cream at Scoops.

November Future Activities

The Adults with Special Needs will be hosted at services on November 5.

The annual joint Men's Club Veteran's Day Breakfast will be held in Cranford on Sunday, November 6th.

Wednesday, November 9 - FJMC Man of the Year Dinner at Marlboro Jewish Center, Marlboro, NJ. We will honor Theodore Moreines as TBOBT Men's Club Man of the Year. Reception begins at 6 pm. Cost is \$54 per person. RSVP to Mike Miller by Oct. 31.

The Men's Club meeting scheduled for Nov. 10th is moved to Nov. 13th after Minyan at 10 am. ALL men invited. We need to plan for a possible after-Sunday School lunch and family trip to The Model Railroad "Sound and Light Show" in Union NJ Dec. 4th or 13th.

December 4th or 13th -- Men's Club Breakfast and "Hearing Men's Voices," a personal and confidential exchange of men's issues led by Harvin Freedman.



MC SHOMREI HA'ARTZ- STEWARDS of the LAND

The Stewardship Paradigm in the Torah Portion of Bereishit/Genesis
Bereishit Chapter 1 and 2 are the Jewish roots of environmentalism. The honor and glory that crowns the human race is possession of the earth, which is granted as the culmination of God's creative work: "Be fruitful and multiply, fill the earth and subdue it." (Genesis 1:28) This notion is fortified in Psalm 115: "The heavens are the Lord's heavens, but the earth God has given to humanity." While the creation narrative clearly establishes God as Master of the Universe, it is the human being who is appointed master of the earth. A literal interpretation suggests a world in which people cut down forests, slaughter animals and dump waste into the seas at their leisure, much like we see in our world today.

Genesis chapter 1 is balanced by the narrative of Genesis chapter 2, which features a second Creation narrative that focuses on humans and their place in the **Garden of Eden**. The first person is set in the Garden "to work it and take care of it." The two Hebrew verbs used here are significant. The first--le'ovdah--literally means "to serve it." (Genesis 2:15) The human being is thus both master and servant of nature. The second--leshomrah--means "to guard it." Humans as guardians must exercise vigilance and be protective, and are personally liable for losses that occur through negligence. We do not own nature. "The earth is the Lord's and the fullness thereof." (Psalm 24:1) We are its stewards on behalf of God, who created and owns everything. We ignore this stewardship at our peril and the peril of our children and grandchildren.

Source; Canfei Nesharim, Rabbi Dr. Jonathan Sacks, Retired Chief Rabbi of the United Hebrew Congregations of the British Commonwealth

Temple Beth O'r Beth Torah Men's Club
Temple Beth-El Mekor Chayim Men's Club
Congregation Beth Israel Men's Club

Invites you to join us for:

Joint Military Veteran's Breakfast

Sunday, November 6, 2016

Event will be held at:

Temple Beth-EL Mekor Chayim
338 Walnut Avenue in Cranford, NJ

Joint Minyan: 9:00 AM
Breakfast: 9:45 AM
Program: 10:00 AM

Keynote speaker: Marc Herzog (Boatswains Mate – USN/USNR) 1994-2001 USS La Moure County (LST-1194) NMCB-23 Irreverent Warrior

Veterans present who wish, may speak about their service. Honor Rolls of TBOBT, TBMC and CBI will be read.

The congregations and the public are invited to honor the military Veterans of TBOBT, TBMC and CBI.

RSVP to TBOBT by Nov. 1st at 732-381-8403.

Happenings



Shemini-Atzeret...



at TBOBT

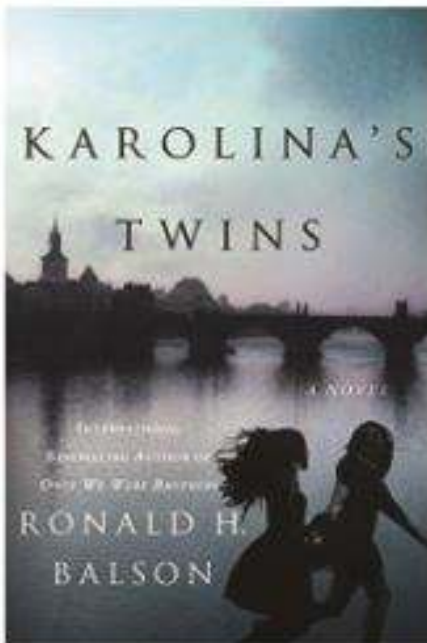


and pancakes in the Sukkah!!



**One Book, One Community Book Read
and Author Conversation**

**Karolina's Twins with author Ron Balson
Wednesday, December 7 · 7:30 p.m.**



**From the author of
Once We Were Brothers and Saving Sophie
comes a saga inspired by true events of a Holocaust survivor's
quest to fulfill a promise, return to Poland and find two sisters
lost during World War II.**

"Readers who crave more books like Balson's *Once We Were Brothers...*
will be enthralled by *Karolina's Twins*." — Booklist

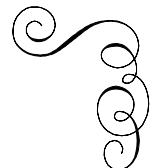
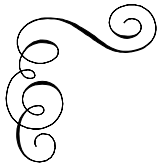
Price: \$20

Enjoy snacks and wine. RSVP by Friday, December 2

Questions? Contact, Karen Sanders
at ksanders@jccnj.org or x205.



1391 Martine Avenue, Scotch Plains, NJ 07076
www.jccnj.org • 908-889-8800



The TBOBT Family expresses Condolences to:

Helene Davis on the passing of her father Simon Shoten

We gratefully acknowledge the following donations made to TBOBT during the month of October

(To make a donation in memory of a loved one or in honor of a special occasion, call or email the temple office.)

Yahrzeit Fund

Donated By	In Memory Of:
Janice Hymanson	Gertrude Rothstein
Louise Cangelosi	Bernice Gottlieb
Lois Kawut	Julius Frankel
Irene Goldstein	Lillian Fenyves
Andrea Rochman	Mitzie Rubin
Leonard Kosberg	David Kosberg
Doris Kalish	Rose Lichter
Doris Kalish	Samuel Lichter
Gitta Harel	Ilse Steiner
Marlene Plymack	Gussie Berlin
Marlene Plymack	Anna Plymack
Michael Rockliff	Clare Rockliff
Carol Tendler	Irving Oelbaum
Lois Kawut	Rachel Brown
Estelle Wilchins	Sidney Wilchins
Estelle Wilchins	Paul Angel
Estelle Wilchins	Rose Angel
Paul Wexler	Dr. Ralph Wexler
David & Elsa Wexler	Shimme Wexler
Iris Weiner	Joseph Serchuk
Jordan Vogel	Fannie Vogel
Margaret Bank	Tatyana Bank
Margaret Bank	Simon Bank
Norma Sheld	Beatrice Sheld

General Fund


Herbert & Ethel Lubars : In honor of Thelma Purdy's special birthday!
 Joseph & Deborah Charette: In memory of George Schisler
 Howell & Euphrosyne Schisler: In memory of George Schisler
 Carol Bernstein: In memory of Theodore Bernstein
 Sandra Goldberg: In honor of Janice Hymanson's special birthday

Kiddush and Oneg Fund


Doris & Leo Terr

Harold & Doris Presser Memorial Fund

Martin, Elianna & Aaron Goldman: In Honor of Fern & Joe Cammy becoming grandparents to Harper Vale Cammy
 Martin, Elianna & Aaron Goldman: In Honor of Fern & Joe Cammy on the engagement of their son Shawn to Sage



The Temple Office Hours are:
Monday through Friday
9:00 AM—2:00 PM



Morning Minyan Services

Sundays at 9:00 AM:
Temple Beth O'r Beth Torah

Thursdays at 7:00 AM:
Congregation Beth Israel
in Scotch Plains

If you have any questions, please call
 Howard Silverman,
 Fern Cammy, or Cantor Stern.

TEMPLE BETH O'R BETH TORAH
BOARD OF OFFICERS & TRUSTEES
MEETING SCHEDULE 2016-2017
 Mondays, at 8:00 pm

November 14	Congregation Board
December 12	Congregation Board
January 9	Congregation Board
February 13	Congregation Board
March TBA	Congregation Board
April TBA	Congregation Board
May 8	Congregation Board
June 12	Congregation Board

Support Our Advertisers



Dick Lavroff
Ken Lavroff

Tel: 732-574-2040
Fax: 732-574-3447

DELI-KING CLARK
KOSHER DELICATESSEN
RESTAURANT
CATERERS

30 Clarkton Drive, Clark, N.J. 07066



TBO/BT still has cemetery plots at Beth Israel Cemetery in Woodbridge available.

If you are interested, please call the temple office at 732-381-8403 ext. 11.

Advertise Your Business!

Call us for monthly and yearly advertising rates.

Various ad sizes are available.

Contact Bonni at the Temple Office
732-381-8403, ext .11

LIST OF TBOBT FUNDS FOR DONATIONS

Cantor's Discretionary Fund – is a vehicle by which the Cantor assists individuals and organizations that come to his personal attention in need of additional funds for emergencies, on-going activities or special projects in the US, Israel or anywhere in the world.

Jewish National Fund Trees – certificates can be purchased for all occasions in denominations of \$18. Please contact the temple office, 732-381-8403.

Oneg Shabbat/Kiddush Fund – used for a nosh after Shabbat services. To sponsor an entire Oneg, Kiddush, or Seuda, please contact the temple office, 732-381-8403.

Minyan Breakfast Fund – provides breakfast for the Morning Minyan.

Ritual Fund – is used to purchase religious supplies.

Yahrzeit Fund - It is a tradition to make a donation in memory of deceased loved ones. This fund is used to support all aspects of the synagogue.

Sol Sern Memorial Lecture Fund - is used to provide speakers and refreshments for our annual lecture in memory of Sol Sern.

General Fund – supports all aspects of Temple Beth O'r/Beth Torah.

Prayer Books – Please contact the temple office to obtain up-to-date information.

Bikur Cholim and Chesed Fund - is used on behalf of those who are ill or in need of mitzvot of loving kindness.

Harold & Doris Presser Memorial Fund - has been established to assist in the maintenance of the temple facilities and the repair of ritual items.

Yahrzeit Plaques – Honor your departed loved ones with a permanent Yahrzeit memorial plaque in our sanctuary. A light will be lit next to the plaque every year during the week of the Yahrzeit. Cost is \$350.

Information needed: English & Hebrew names, including the father's and/or mother's Hebrew name, and secular & Hebrew dates of passing.

Sanctuary Seat & Pew Dedication – This project honors or memorializes a dear one with a special plaque mounted on the back of a sanctuary seat. Each plaque costs \$180. Dedication of an entire pew (row) includes a larger plaque inscribed with the family name mounted at the end of the row and two individual seat plaques in that row. The cost of an entire pew dedication is \$1800.

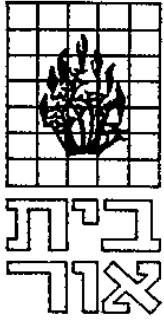
Religious School Fund – supports our Hebrew School & K'ton program.

Simcha Tree – Honor your family by dedicating a Leaf (\$180), Rock, or Trunk Letter, on our "Simcha" Tree of Life, for any and all occasions – Births, Weddings, Special Anniversaries or Birthdays, Bar/Bat Mitzvah, or other special honors or events. Call Temple Office for more info.

November 2016

Search Hebraic Clark, 2016-2017

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 30 - Nov 5	Oct 30 28th of Tishrei, 5777	Nov 1 29th of Tishrei, 5777 Rosh Chodesh Cheshvan	Nov 2 30th of Tishrei, 5777 Rosh Chodesh Cheshvan	Nov 3 1st of Cheshvan, 5777 Rosh Chodesh Cheshvan 7:00pm Israeli Dancing	Nov 4 2nd of Cheshvan, 5777 7:30pm Hebrew Conv. Class	Nov 5 3rd of Cheshvan, 5777 5:31pm Candle lighting; Cla	Nov 6 4th of Cheshvan, 5777 Adults with Special Needs 6:38pm Havdalah (50 min); C
Nov 6 - 12	Nov 6 5th of Cheshvan, 5777 10:00am TBO/TBMC/CBI/Vete	Nov 7 6th of Cheshvan, 5777 8:00pm Sisterhood Board M	Nov 8 7th of Cheshvan, 5777	Nov 9 8th of Cheshvan, 5777 7:00pm Israeli Dancing	Nov 10 9th of Cheshvan, 5777 7:30pm Hebrew Conver. Cla 7:30pm Men's Club Meeting	Nov 11 10th of Cheshvan, 5777 4:24pm Candle lighting; Cla	Nov 12 11th of Cheshvan, 5777 5:31pm Havdalah (50 min); C
Nov 13 - 19	Nov 13 12th of Cheshvan, 5777	Nov 14 13th of Cheshvan, 5777 8:00pm Congregation Boar	Nov 15 14th of Cheshvan, 5777	Nov 16 15th of Cheshvan, 5777 7:00pm Israeli Dancing	Nov 17 16th of Cheshvan, 5777 6:00pm Sisterhood Paid Up 7:30pm Hebrew Conver. Cla 7:30pm Men's Club Game N	Nov 18 17th of Cheshvan, 5777 2:00pm USY 4:18pm Candle lighting; Cla	Nov 19 18th of Cheshvan, 5777 USY 5:25pm Havdalah (50 min); C
Nov 20 - 26	Nov 20 19th of Cheshvan, 5777 USY	Nov 21 20th of Cheshvan, 5777	Nov 22 21st of Cheshvan, 5777	Nov 23 22nd of Cheshvan, 5777 7:00pm Israeli Dancing	Nov 24 23rd of Cheshvan, 5777 Thanksgiving	Nov 25 24th of Cheshvan, 5777 4:14pm Candle lighting; Cla	Nov 26 25th of Cheshvan, 5777 Sisterhood Kiddush 5:22pm Havdalah (50 min); C
Nov 27 - Dec 3	Nov 27 26th of Cheshvan, 5777	Nov 28 27th of Cheshvan, 5777	Nov 29 28th of Cheshvan, 5777	Nov 30 29th of Cheshvan, 5777 Sigd 7:00pm Israeli Dancing	Dec 1 1st of Kislev, 5777 Rosh Chodesh Kislev 7:30pm Hebrew Conv. Class	Dec 2 2nd of Kislev, 5777 4:12pm Candle lighting; Cla	Dec 3 3rd of Kislev, 5777 5:20pm Havdalah (50 min); C



Temple Beth O'r Beth Torah

111 Valley Road, Clark NJ 07066

732-381-8403

tbethor@gmail.com

www.bethorbethtorah.org

Steven Stern, Spiritual Leader

Lillian Makow & Janice Hymanson, Co-Presidents

Jonathan Phillips, Executive Vice-President

Got a Simcha?

**Birthday? Anniversary?
Graduation? New grandchild?
Host a Kiddush at TBOBT**

**Sponsor a simple Kiddush for \$136
or make a donation of \$18 or more
to the Kiddush Fund.**

**Contact Bonni at the Temple office
732-381-8403 ext. 11
or
tbethor@gmail.com.**



ISRAELI DANCE

Wednesday Nights

\$10.00 per class/ \$45 prepaid for 5

Proceeds go to TBOBT.

Led by Elyse Litt 732-396-8299

Any new dancers should contact:

Elyse via email prior to first class at dancesfrom-theheart@gmail.com