



TEMPLE BETH O'R BETH TORAH  
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Steven Stern, Spiritual Leader  
Lillian Makow & Janice Hymanson - Co-Presidents  
Jonathan Phillips, Vice-President



# Temple Beth O'r Beth Torah **HIGH HOLIDAY INFORMATION**

2016 5777

*Time Sensitive  
Information*

**Please open as soon as possible.**



Temple Beth O'r Beth Torah  
111 Valley Road ~ Clark, NJ 07066

## ENTRY & SECURITY PROCEDURES FOR THE HIGH HOLY DAYS

With concern for security we have police surveillance at and around our temple building and parking lot. When we are at the temple, the police will be here.

No person will be allowed to enter the temple without a ticket for the High Holy Day Services. Remember, if you leave the temple, your ticket will be required for re-entry.

Any person not having a ticket will be directed to the side entrance and will be required to give name, address, telephone number, and proof of identity, such as a driver's license, or other evidence of address. Without such positive identification, entry may be denied.

The side door will be open during the First & Second Days of Rosh Hashanah from 9:00 a.m. until 1:00 p.m. and during Yom Kippur from 9:15 a.m. until 1:15 p.m.

At other times use the main entrance. All other entrances will be locked. If the ramp is needed, notify the personnel at the main entrance.

We need your complete and cheerful cooperation in this effort to assure you and your fellow congregants a peaceful holiday.

### TORAH FOR TOTS (ages 3-6) & JUNIOR CONGREGATION (ages 7-13)

If you would like your children or grandchildren to participate in either program, **you must contact and register** with the temple office

**by September 16th.**

**Both programs are contingent upon your response.**

## CEMETERY VISITATIONS

It is customary to visit the graves of one's parents during this month to reflect upon their instructions and teachings and to gather fresh inspiration for their fulfillment. The following is suggested for use by anyone who feels the desire to offer the prayers personally at the cemetery. After reading aloud the prayer in English, chant the Hebrew prayer, supplying the proper name where indicated.

"Lord, what is man that You are mindful of him  
Or the son of man that You take account of him?"

Father of Mercy, in whose hands are the souls of the living and dead.

As we find ourselves beginning the New Year, we gather here this day to sanctify our fleeting lives by linking them with You. We recall to mind our beloved friends and relatives whom You have taken from us and reflect at this season in prayer and meditation.

Almighty God! Help me to live so that my life may honor my \_\_\_\_\_'s memory. May my \_\_\_\_\_'s soul find perfect rest together with all the righteous who have walked on earth. And when my hour shall come to leave this world, may my spirit be united with \_\_\_\_\_'s and with all who walk in the path of righteousness. Amen.

El Molay Rachamim, shochen bam'romim. Hamtsay m'nuchaw n'chonaw al kanfay Ha-sh'chinaw. B'ma-ah-lot k'doshim utehorim k'zohar horokee -ah maz-hirim et nishmat (Hebrew name of the deceased), she-holach (for a woman: she-holchaw) l'olomo, ba-avur she-anee eh-tayn li-tzedawkaw bah-ad haz-korat neeshmoto. B'gan eden t'hay m'nuchoto. Law-chayn Ba-al Haw-Ra-chamim yas-tiro b'say-sayr k'nofov l'olomim v'yitsror bitsror ha-chayim et nishmoto. Adonoi hu nachaloto, v'yonu-ach (for a woman: v'tonu-ach) b'shomom al mish-kovo, v'nomar - Amen.

Oh Merciful God who dwellest on high and art full of compassion, grant perfect rest beneath the shelter of Thy Divine Presence among the holy and pure who shine as the brightness of the firmament, to my beloved \_\_\_\_\_ who has gone to his (her) eternal home. I shall donate charity to his (her) loving memory. May his (her) soul be bound up in the bonds of eternal life. Grant that his (her) memory ever inspire me to noble and consecrated living.

Amen.

## SCHEDULE OF SUKKOT SERVICES

|                      |  |           |
|----------------------|--|-----------|
| Monday, October 17   | First Day Sukkot   | 9:30 a.m. |
| Tuesday, October 18  | Second Day Sukkot  | 9:30 a.m. |
| Wed., Thurs., Fri.   | Chol Hamoed (Intermediate Days)                                  |           |
| October 19, 20, 21   | Minyan   | 6:45 a.m. |
| Friday, October 21   | Shabbat Evening Service  | 8:00 p.m. |
| Saturday, October 22 | Shabbat Morning Service  | 9:30 a.m. |
| Sunday, October 23   | Hoshanah Rabbah  | 9:00 a.m. |
| Monday, October 24   | Shmini Atzeret & <b>Yizkor</b><br>Dedication of Yahrzeit Plaques | 9:30 a.m. |
|                      | Eve of Simchat Torah   | 6:15 p.m. |
| Tuesday, October 25  | Simchat Torah  | 9:30 a.m. |

## CANDLE LIGHTING TIMES

|   |           |
|---|-----------|
| First Evening Sukkot, Sunday, October 16  | 5:57 p.m. |
| Second Evening Sukkot, Monday, October 17 | 6:54 p.m. |
| Shabbat, Friday, October 21               | 5:49 p.m. |
| Shimini Atzeret, Sunday, October 23       | 5:47 p.m. |
| Simchat Torah, Monday, October 24         | 6:45 p.m. |

## TO THE CONGREGATION

On behalf of Cantor Stern, the Board of Trustees, and the Ritual Committee, we would like to wish all of you and your families a happy, healthy and prosperous New Year.

May we all be inscribed for a year blessed with happiness and shalom!

### We would like to keep in touch with your College Students

Please fill out form below and return when you come for your tickets.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

## TEMPLE BETH O'R BETH TORAH

**111 Valley Road  
Clark, New Jersey**

### 2016 HIGH HOLIDAYS 5777

#### SCHEDULE OF SERVICES

|                     |   |  |
|---------------------|---|--|
| Saturday, Sept. 24  | SELICHOT (in Cranford)  | TBA  |
| Sunday, Oct. 2      | ROSH HASHANAH EVE   | 6:15 p.m.  |
| Monday, Oct. 3      | FIRST DAY ROSH HASHANAH<br>Meet at Temple<br>Tashlich (Rahway River Park)<br>Mincha/ Evening Service at Temple                | 9:00 a.m.<br>5:00 p.m.<br>5:15 p.m.<br>6:15 p.m.                   |
| Tuesday, Oct. 4     | SECOND DAY ROSH HASHANAH<br>Mincha<br>Evening Service   | 9:00 a.m.<br><br>6:15 p.m.   |
| Friday, Oct. 7      | Kabbalah Shabbat  | 8:00 p.m.  |
| Saturday, Oct. 8    | SHABBAT SHUVAH  | 9:30 a.m.  |
| Tuesday, Oct. 11    | Mincha/ KOL NIDRE   | 6:00 p.m.  |
| Wednesday., Oct. 12 | YOM KIPPUR<br>Yizkor Memorial Service (approx.)<br>Mincha<br>Neilah<br>(followed by Maariv & Havdallah)<br>Sounding of Shofar | 9:30 a.m.<br>11:30 a.m.<br>5:00 p.m.<br>6:00 p.m.<br><br>7:15 p.m. |

## CANDLE LIGHTING TIMES

|                            |                     |           |
|----------------------------|---------------------|-----------|
| First Night Rosh Hashanah  | Sunday, October 2   | 6:19 p.m. |
| Second Night Rosh Hashanah | Monday, October 3   | 7:16 p.m. |
| Shabbat Shuvah             | Friday, October 7   | 6:11 p.m. |
| Yom Kippur                 | Tuesday, October 11 | 6:04 p.m. |

## TICKET PICK UP TIMES

Your tickets must be picked up at the temple during times listed below:

|                         |                     |
|-------------------------|---------------------|
| Wednesday, September 21 | 7:00 p.m.—9:00 p.m. |
| Sunday, September 25    | 9:00 a.m.—noon      |
| Wednesday, September 28 | 7:00 p.m.—9:00 p.m. |

The temple office **will not** have tickets.

When you come to pick up your tickets, please bring your Kol Nidre Pledge Card and donation to the synagogue. Your Kol Nidre pledges and your donations on receiving High Holiday honors are vital to the functioning life of your temple community. We are asking everyone to add at least 10% to the amount donated last year.

Tzedakah, an expression of gratefulness, is a Jewish tradition, especially at the High Holiday season.

### HIGH HOLIDAY TICKET PRICES 2016 (5777)

Your temple dues include High Holiday tickets for all members in good standing (all obligations, including first quarter 2016 dues, paid in full).

Tickets sold to members for their parents, grandparents, married children and unmarried children over 30 years of age are \$75.00 each.

Members whose children are under 30 years old and live at home with member parents will be issued no-charge tickets for those children.

Children under 30 years old living by their own means away from their member parents require \$75.00 tickets.

Tickets for other relatives are \$100.00 each.

Tickets for non-members are \$300.00 each. This cost may be allocated towards TBOBT membership.

Associate members in good standing may purchase tickets for themselves at \$150.00 each.

Students with valid school ID may be given no-charge tickets.

Relatives of members who hold tickets to or can prove good standing membership in another synagogue will be welcomed with no-charge tickets.

All tickets issued will have the name of the bearer on them for security reasons. To minimize bookkeeping, please be prepared to pay for extra tickets at the time of pick up.

At Beth O'r Beth Torah, Memorial Services are open to anyone in the Jewish community. There will be no solicitation of contributions relating to this service. However, since the prayer itself states that it is customary to give charity in the name of the departed, there will be cards available for those who wish to make a contribution.

Those wishing to participate in Yizkor should plan on arriving no later than 11:00 a.m.

## NEILAH

Neilah is the concluding service of the day and is invested with special solemnity. The Holy Ark remains open throughout this service which terminates with the blowing of the Shofar.

During Neilah we will continue with the practice of private prayers before the open Ark. **Appropriate dress** for men and women must be observed.

Cookies and juice will be provided for the children on Yom Kippur.

## SUKKOT

This is a Pilgrimage Festival celebrated by our building a booth adjacent to our homes. The Sukkah is covered with s'chach. S'chach must be grown from the ground, yet detached from the ground. It must be arranged in such a way that there is more shade than sunshine.

Our Synagogue Sukkah is open to all congregants for dairy meals during the middle days of Sukkot (Wednesday, Thursday, Friday, Oct. 19, 20 and 21).

## ORDER YOUR LULAV & ETROG FOR SUKKOT

Etrogim and Lulavim will once again be available to our members. Cost information is not available at time of printing.

RESERVE NO LATER THAN Wednesday, October 5. Please reserve by contacting the temple office, 732-381-8403 x 11.

## YOM KIPPUR SYNAGOGUE SERVICE

### **KOL NIDRE:**

The evening service of the Day of Atonement is preceded by the chanting of the Kol Nidre (literally, "All Vows"), which is repeated three times. It is a formal abrogation of all vows made under the influence of great emotional strain, and is intended to guard against oaths that may remain unfulfilled through negligence or forgetfulness. This dispensation from vows refers only to those that an individual voluntarily assumes for himself alone, and concerns his relation to his conscience and Heavenly Judge. No oath or promise involving another person, a community, or a court of justice, is implied in the Kol Nidre.

During our Kol Nidre evening service we will conduct our annual "silent appeal" on behalf of Israel Bonds. Our brothers and sisters in the Land of Israel need our help and support. We are certain you will want to participate. The "appeal" will be conducted with our usual decorum and procedures. Pledges will NOT be announced.

### **PETITIONS FOR FORGIVENESS:**

The ritual of the Day of Atonement is replete with petitions for forgiveness for sins committed by all the worshippers present. In the "Confessions," transgressions are enumerated of which a particular individual may not be guilty. The prayers for pardon, however, are uttered on behalf of all Israel. According to Jewish tradition, a person will not be forgiven on the Day of Atonement for any sins committed against a fellow human being unless he/she rights the wrong and makes amends to the individual involved.

### **YIZKOR**

Recalling the deceased during the Temple service is an act of solemn piety and an expression of profound respect. The Yizkor memorial prayer helps us all to pay homage to friends and loved ones, as well as to the martyrs of our people throughout the ages.

The Yizkor memorial prayer is recited for parents, grandparents, spouses, children, family and friends, and helps us to reflect upon the qualities that can make life immortal. It is appropriate to remain in the Sanctuary and to share in the lesson it brings to all of us.

## SEATING

Ushers are members of the Congregation who volunteer their services. Please cooperate with them. Kindly observe the following:

1. No seats are reserved or assigned, except for the handicapped section. Seats are filled on a first come, first served basis.
2. Allow ushers to assist you in finding seats.
3. During certain portions of the Service, nobody will be permitted to enter or leave the Sanctuary.
4. Please refrain from talking in the Sanctuary.
5. Please turn off all electronic devices.
6. Please be as attentive to the Service as possible.
7. At the conclusion of Services, please continue directly outside and clear of the front doors, in order that others may exit safely. The temple and its property are smoke-free areas.

## ROSH HASHANAH CUSTOMS & CEREMONIES

### **NEW YEAR GREETINGS:**

It is customary for worshippers to exchange greetings on Rosh Hashanah, employing the Hebrew expression "L'Shanah Tovah Tikatayvu" (literally, "May you be inscribed for a good year"). The person addressed may respond, "Gam Atah," or "Gam At" ("The same to you").

### **OBSERVANCE IN THE HOME:**

The home customs and ceremonies also reflect our wishes for the New Year. The Rosh Hashanah table is set precisely as is the Sabbath table with kiddush cup, candles and candlesticks, challah (but special round challah), and special challah cloths. In addition, a dish with honey is given a prominent place on the table. And in addition to the recital of the Kiddush and the kindling of the festive lights, a piece of sweet apple is dipped in honey on the eve of Rosh Hashanah, the person performing this symbolic act saying, "Yehi Ratzon... May it be God's will to grant us a good and sweet year." The bread, too, is dipped in honey, symbolizing the hope that, as the bread is sweet, so may the experiences during the approaching year be only of pleasant and sweet. On the second night, some kind of fruit is tasted which has not yet been eaten during the year, and the Shehecheyanu is recited.

## **ROSH HASHANAH CANDLE LIGHTING**

Blessings for Sunday, October 2 and Monday, October 3, are as follows:

BARUCH ATA ADONAI, ELOHEINU MELECH  
HA-OLAM, ASHER KID'SHANU BEMITZVOTAV,  
V'TZIVANU, LEHADLIK NER SHEL YOM TOV.

BARUCH ATA ADONAI, ELOHEINU MELECH  
HA-OLAM SHEHECHIYANU, VIKIYEMANU,  
VEHIGIYANU LAZMAN HAZEH.

### **TASHLICH SERVICES:**

The annual service of Tashlich will be conducted on the First day of Rosh Hashanah, Monday, October 3 at 5:15 p.m. at Rahway River Park. We meet at the temple's parking lot at 5:00 p.m. The ceremony is based on the text in Micah: "And you shall cast into the depths all of your sins." It is one of the traditional practices surrounding Rosh Hashanah. We urge you to be present for this wonderful opportunity for children and parents to share in what is always a lovely outdoor ceremony. Evening services will follow at 6:15 p.m. at the temple.

### **ASERET Y'MEY TSHUVAH:**

The days between Rosh Hashanah and Yom Kippur are times for thought and introspection. Consider consciously what you may have said or done during this past year which may have wronged someone, even unintentionally. Give it some thought and ask for forgiveness. Saying, "I'm sorry" is sometimes difficult, but so worthwhile.

## **YOM KIPPUR CUSTOMS AND CEREMONIES**

The penitential days reach their culmination in the Day of Atonement (Yom Kippur), which is ushered in on the eve of the 10th of Tishri, and is regarded as the most sacred day in the Jewish year. It is frequently referred to as the Sabbath of Sabbaths.

It is customary to abstain from all food and drink from sunset on the eve of the Day of Atonement until the beginning of night of the following day. Following the principle of adding to holiness, the fast is actually 25 hours long. Mincha/Kol Nidre will begin at 6:00 p.m. on Tuesday, October 11 and the Shofar will be sounded to conclude the fast on Wednesday evening at 7:15 p.m.

If you have a valid medical reason requiring daily intake of food, it is suggested that you follow your doctor's recommendations for fasting. Diabetics, nursing mothers and others who are suffering illness are urged to follow the instructions of their doctors. Jewish Law provides that small quantities of food may be eaten at set intervals during Yom Kippur day for those with medical conditions. Consult Cantor Stern for further information.

A large Yahrzeit candle, sufficient to burn for 24 hours is kindled on the eve of Yom Kippur, in memory of the departed ones.

It is appropriate to wear white apparel on this solemn day, since white is a symbol of purity. It is also customary in some Jewish communities not to wear shoes of leather, but rather, white tennis shoes. The symbolic importance of white is reflected in the verse: "And your sins which were red as scarlet shall become white as snow."

The appropriate greeting before Yom Kippur is "Gmar Tov" which means, "May the conclusion of this season assure you all that's good and positive." It is also appropriate to wish one another an easy fast, with the Hebrew expression "Tzom Kal."

Following the break-the-fast on Wednesday evening, it is customary to hammer in the first nail for the Sukkah, thereby connecting Yom Kippur and Sukkot.

## **YOM KIPPUR CANDLE LIGHTING**

Candles should be lit at home on Yom Kippur eve before coming to services. The blessing is:

BARUCH ATA ADONAI, ELOHEINU MELECH  
HA-ALOM, ASHER KID'SHANU BEMITZVOTAV,  
V'TZIVANU, LEHADLIK NER SHEL  
YOM HAKIPPURIM.

Also add:

BARUCH ATA ADONAI, ELOHEINU MELECH  
HA-OLAM, SHEHECHIYANU, VIKIYEMANU,  
VEHIGIYANU, LAZMAN HAZEH.